

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## wynand appelgryn

Has successfully participated & completed the

10km Cowhouse Spring Trail Run 2017

held at Cowhouse Market.

**TIME** 00:54:04

**PACE** 05:24/km

**OVERALL** 7 of 41

GENDER 5 of 21

**OPEN** 2 of 11

28 October 2017, Sat

Date



BoutTime

Signature